

# DEVELOPING A SPIRITUAL MINDSET

## Part 5: Meditate to Elevate

**Text:** Romans 8:6 NKJV

### MEDITATION A POWERFUL PROCESS TOOL

- God gave principles of success
  1. To Joshua (***Joshua 1:8 NKJV***)
  2. To Timothy (***1 Timothy 4:15 NKJV***)
  3. The emphasis is on application (***Matthew 7:24-25 NKJV***)
- Meditation by speaking God's Word is a powerful tool
  1. Gives understanding (***Psalms 49:3 NKJV***)
  2. Puts life into our words (***Proverbs 18:21 NKJV***)
  3. Helps us control our thoughts (***Proverbs 4:20-23 CSB***)

### THE MINDSET CONTRAST (***Psalms 1:1-3 NKJV***)

- Three areas to avoid
  1. Advice from the ungodly - no acknowledgment of God and His ways (***James 4:6 NKJV***)
  2. The path of sinners (actions and ways) (***Matthew 7:13-14 NKJV***)
  3. Seat of scornful - the cynical and critical (***Romans 14:12-13 NKJV***)
- The spiritual mindset
  1. Delight in God's Word (***Romans 7:22 NKJV***)
  2. Meditate on a consistent basis